


1

Introducing transferable skills: animation

5-10 mins



Introduce the core transferable skills valued in the workplace with this animation and reflection questions to extend learning.

11-14

14-16

16-19


[Transferable skills animation and quick activity](#)

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2

Connecting skills to the workplace: quick fire activity

5 mins



Help your students recognise how key skills are relevant for specific jobs and how their personality might suit particular roles.

11-14

14-16

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[Skills knockout](#)

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16-19


[Personality match](#)

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3

Communication skills: lesson plan

10-90 mins



Support young people to develop effective communication skills and understand the impact of adapting their listening and speaking styles.

11-14

14-16

16-19


[Listening and speaking](#)

>

4

Adaptability skills: lesson plan

10-50 mins



Get your students to discover how adapting to change positively and applying adaptive thinking skills can help them in education and the workplace.

11-14

14-16

16-19


[Adaptability](#)

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5

Workplace behaviours: lesson plan

10-105 mins



Explore a range of workplace behaviours around communication, values and workplace culture.

11-14

14-16

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[Understanding behaviours for work](#)

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16-19


[Identifying workplace behaviours and values](#)

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6

Workplace challenges: practical activity

20-180 mins



Encourage your students to apply communication skills and adaptive thinking to tackle these challenge-based practical activities.

11-14

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[Meeting challenges with confidence](#)

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14-16

16-19


[Practising workplace challenges](#)

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7

Setting goals: lesson plan

30-40 mins



Through group discussions, setting SMART targets and exploring motivational techniques, this lesson is helps students set achievable goals towards realising their future ambitions.

11-14

14-16

16-19

[Setting goals](#)

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