

# LifeSkills: supporting you to achieve the Gatsby Benchmarks

 **BARCLAYS** | LifeSkills



LifeSkills has a wealth of content to support you to deliver an engaging and impactful careers programme. From lessons and educator guides to interactive tools, which students can use independently or in a group, the content brings employability skills to life across the curriculum.

LifeSkills content can contribute to your planning for the Gatsby Charitable Foundation's Benchmarks. Other sources of information you might find useful when putting together your careers programme have also been indicated. Follow the links to easily access all the relevant content.

Gatsby Foundation Benchmark*	Gatsby Foundation Summary*	Sources which can support your planning
<p><b>1. A stable Careers Programme</b></p>	<p>Every school and college should have an embedded programme of career education and guidance that is known and understood by pupils, parents, teachers and employers.</p>	<p><a href="#">Tes CPD course</a> Reflect on which employability skills your organisation wants to develop in your young people then work through our free course to explore how you can embed these into day to day teaching across the school.</p> <p><a href="#">LifeSkills Award</a> The LifeSkills Award recognises institutions which use the programme to promote employability teaching and go above and beyond to prepare their young people for the world of work. Apply for the award to demonstrate your commitment to embedding careers across the curriculum</p>
<p><b>2. Learning from career and labour market information</b></p>	<p>Every pupil, and their parents, should have access to good quality information about future study options and labour market opportunities. They will need the support of an informed adviser to make the best use of available information.</p>	<p><a href="#">Core transferable skills</a> Use our insight and lessons to bring yourself up to speed with global employment trends and the skills needed for the jobs of the future so you feel prepared to help your students make informed career choices. To help students feel ready for their future employment opportunities use activities from the Growth mindset toolkit.</p> <p><a href="#">Other sources of LMI</a> LifeSkills follows employability trends and grounds the programme on credible evidence, which is collated in one place for easy access. LMI is also covered in the tes CPD course (above) and includes links to useful tools for educators.</p>
<p><b>3. Addressing the needs of each pupil</b></p>	<p>Pupils have different career guidance needs at different stages. Opportunities for advice and support need to be tailored to the needs of each pupil. A school's careers programme should embed equality and diversity considerations throughout.</p>	<p><a href="#">Skills Builder assessment</a> The Skills Builder assessment could provide the basis of a conversation with a careers advisor, helping students to talk about areas they feel strongest in and can support you to track progress in skills development.</p> <p><a href="#">Tes course personalisation module</a> Try this CPD module to explore how embedding employability skills depends on first having a clear understanding of where learners are currently, then finding ways to help every student to make progress in developing their skills whilst effectively tracking this progress.</p> <p><a href="#">SEND adapted content</a> LifeSkills has adapted a core set of lessons to be suitable for young people with special educational needs and disabilities to help make employability skills accessible for all.</p>

\*[gatsby.org.uk/education/focus-areas/good-career-guidance](https://gatsby.org.uk/education/focus-areas/good-career-guidance)

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<p><b>4. Linking curriculum learning to careers</b></p>	<p>All teachers should link curriculum learning with careers. For example, STEM subject teachers should highlight the relevance of STEM subjects for a wide range of career pathways.</p>	<p><a href="#">Content guide</a></p> <p>Our guide provides a link between the curriculum of each of the four nations and LifeSkills content, so you can embed employability across your subject teaching. Examples include maths with our Money skills resources, and PSHE through exploring personal strengths and building confidence content.</p>
<p><b>5. Encounters with employers and employees</b></p>	<p>Every pupil should have multiple opportunities to learn from employers about work, employment and the skills that are valued in the workplace. This can be through a range of enrichment opportunities including visiting speakers, mentoring and enterprise schemes.</p>	<p><a href="#">Social action toolkit</a></p> <p>Inspire young people to get involved in social action to provide meaningful experiences with a range of organisations and the opportunity to develop skills that are transferrable to the workplace. This can be used to reinforce learnings from work placements.</p>
<p><b>6. Experience of workplaces</b></p>	<p>Every pupil should have first-hand experiences of the workplace through work visits, work shadowing and/or work experience to help their exploration of career opportunities, and expand their networks.</p>	<p><a href="#">A guide to organising and managing work experience for teachers</a></p> <p>Use our guide to help you plan exciting work experience opportunities for your students. It includes tips and steps to take in arranging the placement to ensure it goes smoothly and meets all requirements. LifeSkills also provides access to work experience opportunities for 14-19 year olds, which can be requested on the LifeSkills website.</p> <p><a href="#">Work experience log</a></p> <p>Order printed copies of our work experience log or download it for your students to help them get the most out of the opportunity. Encouraging reflection each day and assessment of the skills they have gained it ensures all their achievements are not forgotten.</p>
<p><b>7. Encounters with further and higher education</b></p>	<p>All pupils should understand the full range of learning opportunities that are available to them. This includes both academic and vocational routes and learning in schools, colleges, universities and in the workplace.</p>	<p><a href="#">UCAS</a></p> <p>To explore the range of Further and Higher education options with your students have a look at the UCAS site and find out about A-levels, apprenticeships, degrees and more. It also has details of how you can contact these organisations and opportunities to attend UCAS events.</p> <p><a href="#">Advice map</a></p> <p>Encourage students to explore this interactive tool to reveal places to go for guidance and people to talk to for help choosing the right employment or training opportunity. It includes information on further education, apprenticeships, university, volunteering and jobs.</p>

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<p><b>8. Personal guidance</b></p>	<p>Every pupil should have opportunities for guidance interviews with a Careers Adviser, who could be internal (a member of school staff) or external, provided they are trained to an appropriate level. These should be available whenever significant study or career choices are being made. They should be expected for all pupils but should be timed to meet their individual needs.</p>	<p><a href="#">Tools to support careers guidance conversations</a>  LifeSkills has a range of student tools such as the Wheel of Strengths which support them to explore how their skills, interests and personality traits could suit different job roles. These could be used as an engaging and interactive part of guidance conversations to get students feeling inspired about their options.</p>

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