

Introduction

The start of secondary school may seem worrying, but building skills such as aiming high (proactivity) can help you feel more prepared for it.

This activity will help you think about what your goals are and how you might achieve them. You can type in the boxes to answer the questions.

Worksheet

Fill in your aspiration using the table below, and then think about some smaller goals or actions you can take sooner to help you achieve each goal. Use this example to help.

Example aspiration	
Get onto the football team	
Goals	
By the end of the first school term I will...	<ul style="list-style-type: none">• Talk to someone already on the team, using my communication skills• Practise playing football outside of class, to help my confidence• Speak to the teacher in charge of the team, showing proactivity• Look for opportunities to practise working in a team

My aspiration	
Goals	
By the end of the first school term I will...	
By the end of the third year at school I will...	
By the time I leave school I will...	
By the time I have my first job I will...	

Worksheet cont.

Complete this poster to help plan your way to a work related goal or a dream job, thinking about the skills which will help you get there.

 **Dream job**

A club/hobby I will pursue 

 **Training/qualifications I will aim for**

Work experience I will get 

 **Transferable skills I will develop**

Finally, I will 